

## Swimming South Africa

### RECORDS-Africa Short Course as at 30/04/2011

#### SC Meters-Women

50 Free	24.72	<b>19-Dec-07</b> RSALize Mari Retief-1st International Vladimir Swimming
100 Free	53.96	<b>19-Dec-07</b> RSALize Mari Retief-1st International Vladimir Swimming
200 Free	1:56.78	<b>7-Apr-07</b> RSAHelene K Muller World SC Championhips Moscow
400 Free	4:03.50	<b>9-Apr-08</b> RSAMelissa J. Corfe at 9th Fina Swimming World Championship 2008
800 Free	8:23.29	<b>6-Aug-10</b> VINEWPWendy Trot at Telkom Sa Short Course RSA
1500 Free	16:11.24	<b>14-Jul-10</b> RSAJessica E Pengelly At the Australian Short Course
50 Back	26.85	<b>13-Apr-08</b> ZIMKirsty Coventry at Manchester UK
100 Back	56.56	<b>15-Nov-09</b> RSACHanelle Van Wyk at World Cup Berlin 2009
200 Back	2:00.91	<b>11-Apr-08</b> ZIMKirsty Coventry at Manchester UK
50 Breast	30.11	<b>6-Aug-09</b> KENAchieng Ajulu-Bushell-British SC Grand Prix-Leeds
100 Breast	1:05.36	<b>9-Apr-08</b> SASUZAAAN VAN BILJON at 9th Fina Swimming World Champions
200 Breast	2:18.73	<b>9-Apr-08</b> SASUZAAAN VAN BILJON at 9th Fina Swimming World Champions
50 Fly	25.90	<b>23-Nov-07</b> RSALIZE-MARI RETIEF at Fina Arena World Cup 2007-Belo Hori
100 Fly	56.52	<b>19-Dec-07</b> RSALize Mari Retief-1st International Vladimir Swimming
200 Fly	2:04.24	<b>21-Nov-09</b> RSAMandy LOOTS at Fina Arena World Cup-Singapore
100 IM	59.77	<b>11-Apr-08</b> ZIMKirsty Coventry at Manchester
200 IM	2:06.13	<b>12-Apr-08</b> ZIMKirsty Coventry at Manchester UK
400 IM	4:22.88	<b>21-Nov-09</b> RSAKathryn A. Meaklim at Fina Arena World Cup-Singapore
400 Free Relay	3:45.27	<b>12-Apr-08</b> RSARSA- M Corfe, LM Retief, J Pengelly, K Meaklim at SC World
800 Free Relay	8:06.94	<b>30-Sep-05</b> RSASSA Relay Squad L Vorster, L Roets, K Van Heerden, C Lategar
400 Medley Relay	4:00.73	<b>11-Apr-09</b> RSARSA- M Corfe, S. v Bilj, M Loots, LM Retief at SC World Char

#### SC Meters-Men

50 Free	20.30	<b>7-Aug-09</b> TUKSNTROLAND M. SCHOEMAN at Telkom SA Short Course Ch
100 Free	46.00	<b>10-Nov-09</b> RSALYdon Ferns at Fina World Cup Sweeden 2009
200 Free	1:40.89	<b>15-Nov-09</b> RSADarian Townsend at Fina World Cup Berlin 2009
400 Free	3:39.91	<b>17-Jan-04</b> RSARYk F Neethling RSA FINA World Cup - Berlin
800 Free	7:44.10	<b>25-Mar-00</b> RSARYk Neethling at NCAA Div 1 Men Minneapolis 2000
1500 Free	14:39.04	<b>25-Mar-00</b> RSARYk F Neethling at NCAA Div 1 Men Minneapolis 2000
50 Back	22.85	<b>15-Nov-09</b> RSAGERhard ZANDBERG at Fina World Cup Berlin 2009
100 Back	50.00	<b>10-Nov-09</b> RSAGEorge Du Rand at Fina World Cup Stokholm 2009
200 Back	1:47.08	<b>7-Nov-09</b> RSAGEorge DU RAND at Fina World Cup Stokholm 2009
50 Breast	25.25	<b>14-Nov-09</b> RSACAMERON VD BURGH at Fina Arena World Cup 2009 Berl
100 Breast	55.61	<b>15-Nov-09</b> RSACAMERON VD BURGH at Fina Arena World Cup 2009 Berl
200 Breast	2:02.56	<b>14-Nov-09</b> RSANeil R. Versfeld at Fina Arena World Cup 2009 Berlin
50 Fly	21.87	<b>14-Nov-09</b> RSAROLAND M. SCHOEMAN at Fina Arena World Cup 2009 Ber
100 Fly	50.19	<b>7-Nov-09</b> RSALYNDON FERNS at Fina World Cup Moscow 2009
200 Fly	1:52.16	<b>24-Sep-10</b> SGULKZChad Le Clos at KZN Seagulls Wimter Champs
100 IM	51.05	<b>14-Nov-09</b> RSAGERhard Zandberg at Fina World Cup Berlin 2009
200 IM	1:51.55	<b>15-Nov-09</b> RSADarian Townsend at Fina Arena World Cup Berlin 2009
400 IM	4:02.18	<b>15-Nov-09</b> RSACHad Le Clos at Fina World Cup Berlin 2009
400 Free Relay	3:20.77	<b>31-Jul-03</b> SEALKZSeals ASC D Townsend, S Swanepoel, T Verster, N Folker S
800 Free Relay	7:18.94	<b>8-Oct-04</b> RSARSA J Basson, F Postma, H Prinsloo, J Du Rand World SC Indian
400 Medley Relay	3:35.77	<b>10-Aug-09</b> RSARSA -SA short Course- Van Rensburg, Conrad ,VD Burgh, Cam