

Individual Top Times

Times since: 01-May-10 Times until: 30-Apr-11
 Number of Top Times: 100 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 18-18 50 Free							
1	27.07	L	S	Van Zyl, Jo-Mari	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
2	27.11	L	S	Ashley-Cooper, Jessica L	18	WPA WP	11/04/2011 Telkom Sa National Aquatic Champs
3	27.34	L	F	De Wet, Suanne	18	TUKS NT	18/03/2011 Telkom SA Level 3 National Champs
4	27.60	L	S	Forbes-Milne, Emma J	18	KZNA KZ	11/04/2011 Telkom Sa National Aquatic Champs
5	27.65	L	F	Wessels, Michelle	18	BLOT FS	21/02/2011 Liga1
6	27.69	L	F	Wessels, Carmen	18	BLOT FS	21/02/2011 Liga1
7	28.33	L	F	De Vos, Natasha	18	TUKS NT	04/12/2010 NTS Championships 2010
8	28.40	L	P	Taylor, Nicole	18	SASE CG	22/07/2010 Irish Junior/Youth/Open Championships
9*	28.56	L	P	Cooper, Oneida	18	VINE WP	09/06/2010 Mare Nostrum Barcelona 2010
9*	28.56	L	F	Austin, Shannon	18	PASC NT	24/09/2010 2010 NTS Sept Lev 2&O SD Age Grp
11	28.58	L	P	Pistorius, Michelle	18	PASC NT	18/03/2011 Telkom SA Level 3 National Champs
12	28.77	L L	F	Billson, Carmel B	18	PEAS EP	10/12/2010 EP Championships 2010
13	28.84	L	P	Graham, Syanne E	18	AQUB EP	18/03/2011 Telkom SA Level 3 National Champs
14	28.97	L	P	Conlon, Claire	18	SEAL KZ	18/03/2011 Telkom SA Level 3 National Champs
15	29.14	L	F	Kat, Caitlin	18	MATI WP	10/12/2010 WP Sasko Championships
16	29.20	L	F	De Wet, Cassandra	18	TUKS NT	25/03/2011 Telkom SA Level 2 2011 NTS
17*	29.39	L	P	Ferguson, Robyn N	18	WPA WP	11/04/2011 Telkom Sa National Aquatic Champs
17*	29.39	L	P	Harris, Nicole E	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
19	29.90	L	F	Hammond, Samantha L	18	UNI MP	28/01/2011 Mpumalanga School Trials 2011
20	30.00	L	P	Geugis, Silke M	18	TYGE WP	10/12/2010 WP Sasko Championships
21	30.09	L	F	Odendaal, Nellie M	BR	PWC CG	04/02/2011 NW Schools Swimming Championships
22	30.12	L	F	Richards, Catherine A	18	PASC NT	27/08/2010 NTS August SD lev 2+Over Age Group
23	30.25	L	F	du Plessis, Marelie	18	SASO VT	14/06/2010 Sasol National Winter Championships
24	30.39	L	F	Small, Bronwen A	18	TUKS NT	27/08/2010 NTS August SD lev 2+Over Age Group
25*	30.50	L	F	Edwards, Caroline G	18	RBOT NW	21/08/2010 Adrian Grafe Memorial Gala
25*	30.50	L	P	Dryding, Dominique A	18	CADO WP	10/12/2010 WP Sasko Championships
27	30.60	L L	F	Napier-Jameson, Rebekah	18	MDOL CG	19/02/2011 CGA Level 2Champs 2011
28	30.70	L	F	Le Roux, Simone	18	ACSA KZ	15/01/2011 KZN Swim Program 10 & 11
29	31.05	L	F	Boucher, Kristy	18	ONY ES	19/02/2011 CGA Level 2Champs 2011
30	31.21	L	F	Baumann, Kathryn A	18	MDOL CG	05/02/2011 CGA Level 2/3 # 5
31	31.33	L	F	Penman, Abigail M	18	BLAC ES	19/02/2011 CGA Level 2Champs 2011
32	31.36	L	F	Menezes, Elizabeth G	18	JASK NC	30/10/2010 Flamingo Gala 2010
33	31.49	L	F	Vd Linde, Charlene	18	SASO VT	14/06/2010 Sasol National Winter Championships
34	31.52	L	F	Olckers, Thelma	18	NIMO NT	21/08/2010 Adrian Grafe Memorial Gala
35	31.87	L	F	Du Toit, Zandri	18	MDOL CG	16/10/2010 CGA Level 2/3 #2
36	32.06	L	F	Scheepers, Charmonix	18	TUKS NT	27/08/2010 NTS August SD lev 2+Over Age Group
37	32.10	L	F	Maree, Monica D	18	TUKS NT	29/10/2010 2010 NTS Oct Short Distance Lev 2+O
38	32.14	L	F	Kuperus, Chantelle	18	BISH CG	05/02/2011 CGA Level 2/3 # 5
39	32.35	L	F	Pedrosa Rodriguez, Francesca A	18	SCAT EP	08/10/2010 EPA 3rd SASKO A League Gala
40	32.57	L	F	Hartig, Amber	18	ESP ES	14/06/2010 Sasol National Winter Championships
41	32.64	L	F	Heatlie, Ashton C	18	BENS ES	08/10/2010 EGA Age Group 1 2010
42	32.85	L	F	Botha, Kathlyn	18	FISH SW	05/11/2010 FREDA BARNARD GALA
43	33.07	L	F	Ackermann, Elené	18	BLSS FS	19/11/2010 FSA Open Championships 2010
44	33.09	L	F	Venter, Adriana	18	SS LP	18/09/2010 MP Sprint Gala Tri Nations 2010
45	33.11	L	F	Du Toit, Demi L	18	ACSA KZ	18/09/2010 KZN Winter Swim Program 3 & 4
46	33.22	L	F	Botha, Zené	18	HWBA LP	04/02/2011 Limpopo Schools Champs 2011
47	33.24	L	F	Wehmeyer, Michelle	18	HILL NT	28/08/2010 NTS 2010 Aug SD Level 1+U Age Grp
48	34.29	L	F	Hartig, Kira	18	ESP ES	21/08/2010 Adrian Grafe Memorial Gala
49	34.40	L	F	Okes, Chanelle T	18	ESP ES	14/06/2010 Sasol National Winter Championships
50	34.58	L	F	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010 Sasol National Winter Championships
51	34.68	L	F	Oelofse, Catie	18	HARL BO	08/10/2010 BO-October Age Group Gala 2010
52	34.82	L	F	Louw, Hester M	18	UPTS NC	10/12/2010 NCASA Sprints 2010
53	36.88	L	P	Knight, Jessica D	18	KZNSA KZ	25/03/2011 Telkom SA Level 2 2011 FS
54	36.91	L	F	Featherstone, Sally K	18	BOR BO	11/04/2011 Telkom Sa National Aquatic Champs
55	38.83	L	F	Beste, Louise	18	SASO VT	14/06/2010 Sasol National Winter Championships
56	41.16	L	F	Gray, Leverage T	18	FLSC NC	04/02/2011 NCASA Age Group 5 KBY

Individual Top Times

Times since: 01-May-10 **Times until: 30-Apr-11**
Number of Top Times: 100 **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
Women 18-18 100 Free							
1	58.44	L	F	De Vos, Natasha	18	NTS NT	11/04/2011 Telkom Sa National Aquatic Champs
2	58.47	L	F	Van Zyl, Jo-Mari	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
3	59.26	L	F	Ashley-Cooper, Jessica L	18	TYGE WP	10/12/2010 WP Sasko Championships
4	59.72	L L	F	Cooper, Oneida	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
5	59.98	L	F	De Wet, Suanne	18	TUKS NT	06/11/2010 CGA Level 2/3 #3
6	1:00.88	L	F	Kat, Caitlin	18	MATI WP	10/12/2010 WP Sasko Championships
7	1:01.18	L	F	Austin, Shannon	18	PASC NT	04/12/2010 NTS Championships 2010
8	1:01.23	L	P	Billson, Carmel B	18	PEAS EP	29/01/2011 SA International Invitation Swim Meet
9	1:01.52	L L	F	Terblanche, Carike	18	PASC NT	24/09/2010 EP Aquabear Spring Gala 2010
10	1:01.60	L	P	Nicholas, Nina	18	WPA WP	11/04/2011 Telkom Sa National Aquatic Champs
11*	1:01.79	L	F	Wessels, Michelle	18	BLOT FS	19/11/2010 FSA Open Championships 2010
11*	1:01.79	L	P	Pistorius, Michelle	18	PASC NT	18/03/2011 Telkom SA Level 3 National Champs
13	1:01.89	L	P	Forbes-Milne, Emma J	18	KZNA KZ	11/04/2011 Telkom Sa National Aquatic Champs
14	1:01.94	L	P	Graham, Syanne E	18	EP EP	11/04/2011 Telkom Sa National Aquatic Champs
15	1:01.95	L	P	Taylor, Nicole	18	SASE CG	18/03/2011 Telkom SA Level 3 National Champs
16	1:02.11	L	P	Wessels, Carmen	18	BLOT FS	18/03/2011 Telkom SA Level 3 National Champs
17	1:03.10	L	F	Dryding, Dominique A	18	CADO WP	10/12/2010 WP Sasko Championships
18	1:03.41	L	P	Harris, Nicole E	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
19	1:03.69	L	P	Richards, Catherine A	18	PASC NT	24/09/2010 EP Aquabear Spring Gala 2010
20	1:03.85	L	F	Geugis, Silke M	18	TYGE WP	10/12/2010 WP Sasko Championships
21	1:04.06	L	P	Mackenzie, Taryn A	18	WATR CG	08/12/2010 CGA Open Champs
22	1:04.48	L	F	De Wet, Cassandra	18	TUKS NT	25/03/2011 Telkom SA Level 2 2011 NTS
23	1:04.52	L	F	du Plessis, Marelie	18	SASO VT	14/06/2010 Sasol National Winter Championships
24	1:04.85	L	P	Lindemeier, Daniela	18	NTS NT	11/04/2011 Telkom Sa National Aquatic Champs
25	1:05.72	L	F	Napier-Jameson, Rebekah	18	MDOL CG	22/01/2011 CGA Level 2/3 # 4
26	1:05.73	L	P	Baumann, Kathryn A	18	MDOL CG	18/03/2011 Telkom SA Level 3 National Champs
27	1:06.38	L	F	Hammond, Samantha L	18	UNI MP	28/01/2011 Mpumalanga School Trials 2011
28	1:06.48	L	F	Odendaal, Nellie M	BR	PWC CG	04/02/2011 NW Schools Swimming Championships
29	1:07.51	L L	F	Krige, Tammy	18	TYGE WP	10/12/2010 WP Sasko Championships
30	1:07.59	L	F	Roux, Jessica S	18	SCAT EP	08/10/2010 EPA 3rd SASKO A League Gala
31	1:08.65	L	F	Edwards, Caroline G	18	RBOT NW	28/08/2010 SA Small Provinces Inter-Provincial Gala
32	1:08.86	L	F	Le Roux, Simone	18	ETHEK KZ	20/02/2011 Kwazulu Natal High School Trials 2011
33	1:09.05	L	F	Boucher, Kristy	18	ONY ES	04/12/2010 EGA Champs Dec 2010
34	1:09.21	L	P	Small, Bronwen A	18	TUKS NT	04/12/2010 NTS Championships 2010
35	1:09.23	L	F	Vd Linde, Charlene	18	NCASA NC	06/11/2010 NFSA Interprovincial Meet 2010
36	1:09.53	L	P	Knoesen, Cheri	18	AQUB EP	24/09/2010 EP Aquabear Spring Gala 2010
37	1:09.61	L	F	Penman, Abigail M	18	BLAC ES	19/02/2011 CGA Level 2Champs 2011
38	1:09.75	L	F	Rodseth, Clare J	18	VINE WP	18/09/2010 WP Summer League 2
39	1:10.08	L	F	Du Toit, Zandri	18	MDOL CG	16/10/2010 CGA Level 2/3 #2
40	1:10.22	L	F	Venter, Adriana	18	MER	04/02/2011 Limpopo Schools Champs 2011
41	1:11.08	L	F	Kuperus, Chantelle	18	BISH CG	19/02/2011 CGA Level 2Champs 2011
42	1:11.17	L	F	Heatlie, Ashton C	18	BENS ES	08/10/2010 EGA Age Group 1 2010
43	1:11.49	L	F	Pedrosa Rodriguez, Francesca A	18	SCAT EP	12/11/2010 EPA 4th SASKO A League Gala
44	1:11.50	L	F	Ackermann, Elené	18	BLSS FS	19/11/2010 FSA Open Championships 2010
45	1:12.25	L	F	Menezes, Elizabeth G	18	JASK NC	30/10/2010 Flamingo Gala 2010
46	1:12.59	L	F	Olckers, Thelma	18	NIMO NT	24/09/2010 2010 NTS Sept Lev 2&O SD Age Grp
47	1:13.40	L	F	Wehmeyer, Michelle	18	HILL NT	28/08/2010 NTS 2010 Aug SD Level 1+U Age Grp
48	1:14.13	L	F	Du Toit, Demi L	18	ACSA KZ	21/08/2010 KZN Winter Swim Program 1 & 2
49	1:16.18	L	F	Wolhuter, Hesmari	18	FAAC NC	19/11/2010 NCASA Age 3 KBY
50	1:16.60	L	F	Okes, Chanelle T	18	ESP ES	08/10/2010 EGA Age Group 1 2010
51	1:17.33	L	F	Oelofse, Catie	18	HARL BO	08/10/2010 BO-October Age Group Gala 2010
52	1:17.71	L	F	De Lange, Chenelle A	18	ZULU KZ	20/02/2011 Kwazulu Natal High School Trials 2011
53	1:21.14	L	F	Louw, Hester M	18	KALA NC	19/11/2010 NCASA Age 3 UPT
54	1:23.59	L	F	Van Wyk, Marisca	18	PHS MP	04/02/2011 Limpopo Schools Champs 2011
55	1:23.83	L	P	Knight, Jessica D	18	KZNSA KZ	25/03/2011 Telkom SA Level 2 2011 FS
56	1:25.10	L	F	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010 Sasol National Winter Championships
57	1:26.60	L	P	Featherstone, Sally K	18	BOR BO	11/04/2011 Telkom Sa National Aquatic Champs
58	1:28.70	L	F	Bester, Louise	18	SASO VT	14/06/2010 Sasol National Winter Championships

Individual Top Times

Times since: 01-May-10 Times until: 30-Apr-11
 Number of Top Times: 100 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	1:35.66 L	F	Gray, Leverne T	18	FLSC NC	04/02/2011	NCASA Age Group 5 KBY
60	2:48.95 L	F	Mwitshwa, Zinhle P	18	MDOL CG	06/11/2010	CGA Level 2/3 #3
Women 18-18 200 Free							
1	2:04.63 L	F	De Vos, Natasha	18	NTS NT	11/04/2011	Telkom Sa National Aquatic Champs
2	2:06.82 L	F	Kat, Caitlin	18	WPA WP	11/04/2011	Telkom Sa National Aquatic Champs
3	2:06.96 L	F	Van Zyl, Jo-Mari	18	CGA CG	11/04/2011	Telkom Sa National Aquatic Champs
4	2:07.80 L	F	Ashley-Cooper, Jessica L	18	TYGE WP	10/12/2010	WP Sasko Championships
5	2:08.58 L	P	Billson, Carmel B	18	PEAS EP	18/03/2011	Telkom SA Level 3 National Champs
6	2:08.66 L	F	Nicholas, Nina	18	CADO WP	29/10/2010	WP Barracudas Aquarama Summer
7	2:08.82 L	P	Cooper, Oneida	18	CGA CG	11/04/2011	Telkom Sa National Aquatic Champs
8	2:11.33 L	F	Austin, Shannon	18	PASC NT	04/12/2010	NTS Championships 2010
9	2:12.30 L	P	Dryding, Dominique A	18	CADO WP	29/01/2011	SA International Invitation Swim Meet
10	2:13.33 L	F	Terblanche, Carike	18	PASC NT	24/09/2010	EP Aquabear Spring Gala 2010
11	2:14.61 L	P	Graham, Syanne E	18	AQUB EP	18/03/2011	Telkom SA Level 3 National Champs
12	2:15.42 L	P	Harris, Nicole E	18	WATR CG	18/03/2011	Telkom SA Level 3 National Champs
13	2:15.54 L	F	Richards, Catherine A	18	PASC NT	24/09/2010	EP Aquabear Spring Gala 2010
14	2:16.43 L	P	Mackenzie, Taryn A	18	WATR CG	18/03/2011	Telkom SA Level 3 National Champs
15	2:18.08 L	P	Baumann, Kathryn A	18	MDOL CG	22/07/2010	Irish Junior/Youth/Open Championships
16	2:18.30 L	F	Roux, Jessica S	18	SCAT EP	08/10/2010	EPA 3rd SASKO A League Gala
17	2:18.56 L	F	Wessels, Michelle	18	BLOT FS	19/11/2010	FSA Open Championships 2010
18	2:18.58 L	F	Wessels, Carmen	18	BLOT FS	19/11/2010	FSA Open Championships 2010
19	2:21.17 L	F	du Plessis, Marelise	18	SASO VT	14/06/2010	Sasol National Winter Championships
20	2:22.85 L	F	De Wet, Cassandra	18	TUKS NT	25/03/2011	Telkom SA Level 2 2011 NTS
21	2:23.10 L	F	Napier-Jameson, Rebekah	18	MDOL CG	05/02/2011	CGA Level 2/3 # 5
22	2:23.84 L	F	Vd Linde, Charlene	18	SASO VT	14/06/2010	Sasol National Winter Championships
23	2:26.69 L	F	Geugis, Silke M	18	TYGE WP	15/01/2011	WP Swartland Swim Challenge
24	2:27.35 L	F	Krige, Tammy	18	TYGE WP	24/07/2010	Westridge Challenge
25	2:27.83 L	F	Newman, Rebecca J	18	SCAT EP	10/09/2010	EPA 2nd SASKO A League Gala
26	2:28.18 L	F	Odendaal, Nellie M	18	SWAG NW	30/10/2010	NWS Age Group 2
27	2:29.15 L	F	Rodseth, Clare J	18	VINE WP	21/08/2010	WP Summer League 1
28	2:31.34 L	F	Boucher, Kristy	18	ONY ES	04/12/2010	EGA Champs Dec 2010
29	2:32.60 L	F	Venter, Adriana	18	MER	04/02/2011	Limpopo Schools Champs 2011
30	2:34.80 L	F	Du Toit, Demi L	18	ACSA KZ	21/08/2010	KZN Winter Swim Program 1 & 2
31	2:36.23 L	F	Kuperus, Chantelle	18	BISH CG	19/02/2011	CGA Level 2Champs 2011
32	2:37.59 L	F	Hartig, Amber	18	ESP ES	14/06/2010	Sasol National Winter Championships
33	2:39.54 L	P	Heatlie, Ashton C	18	BENS ES	04/12/2010	EGA Champs Dec 2010
34	2:46.74 L	F	Oickers, Thelma	18	NIMO NT	24/09/2010	2010 NTS Sept Lev 2&O SD Age Grp
35	2:50.20 L	F	Okes, Chantelle T	18	ESP ES	14/06/2010	Sasol National Winter Championships
36	2:52.50 L	F	Hartig, Kira	18	ESP ES	14/06/2010	Sasol National Winter Championships
37	3:02.27 L	F	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010	Sasol National Winter Championships
38	3:15.24 L	F	Featherstone, Sally K	18	SRAY BO	14/01/2011	BO-January Age Group Gala 2011
39	3:18.79 L	F	Van Wyk, Marisca	18	PHS MP	04/02/2011	Limpopo Schools Champs 2011
40	3:23.76 L	F	Beste, Louise	18	SASO VT	14/06/2010	Sasol National Winter Championships
Women 18-18 400 Free							
1	4:20.95 L	F	De Vos, Natasha	18	TUKS NT	18/03/2011	Telkom SA Level 3 National Champs
2	4:22.35 L	F	Kat, Caitlin	18	MATI WP	29/01/2011	SA International Invitation Swim Meet
3	4:27.65 L	F	Nicholas, Nina	18	CADO WP	16/10/2010	WP Summer League 3
4	4:29.84 L	F	Austin, Shannon	18	PASC NT	18/03/2011	Telkom SA Level 3 National Champs
5	4:30.07 L	F	Billson, Carmel B	18	PEAS EP	18/03/2011	Telkom SA Level 3 National Champs
6	4:33.74 L	F	Dryding, Dominique A	18	CADO WP	18/03/2011	Telkom SA Level 3 National Champs
7	4:35.20 L	F	Cooper, Oneida	18	BISH CG	18/03/2011	Telkom SA Level 3 National Champs
8	4:40.45 L	F	Roux, Jessica S	18	SCAT EP	18/03/2011	Telkom SA Level 3 National Champs
9	4:45.14 L	F	Terblanche, Carike	18	PASC NT	24/09/2010	EP Aquabear Spring Gala 2010
10	4:47.99 L	F	Baumann, Kathryn A	18	MDOL CG	18/03/2011	Telkom SA Level 3 National Champs
11	4:52.33 L	P	Graham, Syanne E	18	EP EP	11/04/2011	Telkom Sa National Aquatic Champs
12	4:53.35 L	F	Mechanicos, Geena I	18	ACSA KZ	14/12/2010	The SwimShop KZN Provincial
13	4:53.96 L	F	Geugis, Silke M	18	TYGE WP	10/12/2010	WP Sasko Championships
14	4:54.42 L	F	Wessels, Michelle	18	BLOT FS	19/11/2010	FSA Open Championships 2010

Individual Top Times

Times since: 01-May-10 **Times until: 30-Apr-11**
Number of Top Times: 100 **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
15	4:54.85	L	F	Pistorius, Michelle	18	PASC NT	22/10/2010 2010 NTS October Long Distance Age
16	4:55.71	L	F	Wessels, Carmen	18	BLOT FS	19/11/2010 FSA Open Championships 2010
17	4:57.06	L	F	Napier-Jameson, Rebekah	18	MDOL CG	25/03/2011 Telkom SA Level 2 2011 NTS
18	4:59.42	L	F	du Plessis, Marelle	18	SASO VT	14/06/2010 Sasol National Winter Championships
19	5:00.46	L	F	Newman, Rebecca J	18	SCAT EP	13/08/2010 EPA 1st SASKO A League Gala
20	5:08.53	L	F	Vd Linde, Charlene	18	SASO VT	14/06/2010 Sasol National Winter Championships
21	5:11.84	L	F	Badenhorst, Leané	18	BLSS FS	19/11/2010 FSA Open Championships 2010
22	5:24.26	L	F	Kleynhans, Aletia	18	BLOT FS	19/11/2010 FSA Open Championships 2010
23	5:27.47	L	F	Venter, Adriana	18	MER	04/02/2011 Limpopo Schools Champs 2011
24	5:31.62	L	F	Kuperus, Chantelle	18	BISH CG	19/02/2011 CGA Level 2Champs 2011
25	5:34.82	L	F	Hartig, Amber	18	ESP ES	14/06/2010 Sasol National Winter Championships
26	5:43.81	L	F	Heatlie, Ashton C	18	BENS ES	08/10/2010 EGA Age Group 1 2010
27	5:52.63	L	F	Hartig, Kira	18	ESP ES	14/06/2010 Sasol National Winter Championships
28	6:03.07	L	F	Okes, Chanelle T	18	ESP ES	14/06/2010 Sasol National Winter Championships
Women 18-18 800 Free							
1	8:58.47	L	F	Kat, Caitlin	18	MATI WP	29/01/2011 SA International Invitation Swim Meet
2	9:09.00	L	F	Nicholas, Nina	18	CADO WP	29/10/2010 WP Barracudas Aquarama Summer
3	9:25.65	L	F	Dryding, Dominique A	18	CADO WP	05/02/2011 WP Qualifying Gala
4	9:29.15	L	F	Roux, Jessica S	18	SCAT EP	08/10/2010 EPA 3rd SASKO A League Gala
5	9:32.24	L	F	Austin, Shannon	18	PASC NT	18/03/2011 Telkom SA Level 3 National Champs
6	9:44.38	L	F	Cooper, Oneida	18	BISH CG	05/02/2011 CGA Level 2/3 # 5
7	9:59.94	L	F	Geugis, Silke M	18	TYGE WP	10/12/2010 WP Sasko Championships
8	10:08.97	L	T	Napier-Jameson, Rebekah	18	MDOL CG	05/02/2011 CGA Level 2/3 # 5
9	10:11.64	L	F	Mechanicos, Geena I	18	ACSA KZ	14/12/2010 The SwimShop KZN Provincial
10	10:14.09	L	F	Wessels, Carmen	18	BLOT FS	19/11/2010 FSA Open Championships 2010
11	10:14.26	L	F	Wessels, Michelle	18	BLOT FS	19/11/2010 FSA Open Championships 2010
12	10:19.34	L	F	Richards, Catherine A	18	PASC NT	17/09/2010 2010 NTS Sept LD Age Grp
13	10:29.69	L	F	du Plessis, Marelle	18	BLSS FS	22/10/2010 Otters Prestige Gala 2010
14	10:29.72	L	F	Vd Linde, Charlene	18	SASO VT	14/06/2010 Sasol National Winter Championships
15	10:35.07	L	F	De Vos, Natasha	18	TUKS NT	22/10/2010 2010 NTS October Long Distance Age
16	10:36.00	L	F	Badenhorst, Leané	18	BLSS FS	19/11/2010 FSA Open Championships 2010
17	11:13.71	L	F	Venter, Adriana	18	SS LP	26/11/2010 Limpopo Champs 26-27th November
18	11:22.80	L	F	Kleynhans, Aletia	18	BLOT FS	19/11/2010 FSA Open Championships 2010
19	12:03.04	L	F	Heatlie, Ashton C	18	BENS ES	13/11/2010 EGA Super Age Group 2 Nov 2010
Women 18-18 1000 Free							
1	14:56.42	L	O	Nicholas, Nina	18	CADO WP	16/12/2010 WP Open Water Champs
2	17:41.21	L	O	Dryding, Dominique A	18	CADO WP	16/12/2010 WP Open Water Champs
Women 18-18 1500 Free							
1	17:14.21	L	F	Kat, Caitlin	18	WPA WP	11/04/2011 Telkom Sa National Aquatic Champs
2	17:50.60	L	F	Nicholas, Nina	18	CADO WP	21/08/2010 WP Summer League 1
3	17:53.09	L	F	Roux, Jessica S	18	SCAT EP	08/10/2010 EPA 3rd SASKO A League Gala
4	17:57.51	L	F	Dryding, Dominique A	18	CADO WP	05/02/2011 WP Qualifying Gala
5	19:34.48	L	F	Newman, Rebecca J	18	SCAT EP	10/12/2010 EP Championships 2010
6	19:35.61	L	F	Napier-Jameson, Rebekah	18	MDOL CG	05/02/2011 CGA Level 2/3 # 5
7	19:47.07	L	F	Wessels, Michelle	18	BLOT FS	19/11/2010 FSA Open Championships 2010
8	19:48.92	L	F	Wessels, Carmen	18	BLOT FS	19/11/2010 FSA Open Championships 2010
9	19:50.55	L	F	Mechanicos, Geena I	18	ACSA KZ	09/10/2010 KZN Winter Swim Program 5 & 6
10	20:09.75	L	F	Badenhorst, Leané	18	BLSS FS	19/11/2010 FSA Open Championships 2010
11	20:32.90	L	F	Vd Linde, Charlene	18	SASO VT	04/12/2010 Vaal Triangle Summer Championships
12	22:00.90	L	F	Kleynhans, Aletia	18	BLOT FS	19/11/2010 FSA Open Championships 2010
13	23:27.05	L	F	Heatlie, Ashton C	18	BENS ES	14/06/2010 Sasol National Winter Championships
Women 18-18 50 Back							
1	29.82	L	F	Ashley-Cooper, Jessica L	18	WPA WP	11/04/2011 Telkom Sa National Aquatic Champs
2	30.58	L	F	Pistorius, Michelle	18	PASC NT	14/12/2010 The SwimShop KZN Provincial
3	30.82	L	F	De Vos, Natasha	18	TUKS NT	18/03/2011 Telkom SA Level 3 National Champs
4	31.29	L	F	Cooper, Oneida	18	BISH CG	18/03/2011 Telkom SA Level 3 National Champs
5	31.41	L	F	De Wet, Suanne	18	TUKS NT	18/03/2011 Telkom SA Level 3 National Champs
6	31.89	L	P	Baumann, Kathryn A	18	MDOL CG	18/03/2011 Telkom SA Level 3 National Champs

Individual Top Times

Times since: 01-May-10 Times until: 30-Apr-11
 Number of Top Times: 100 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
7	33.02 L	P	Forbes-Milne, Emma J	18	KZNA KZ	11/04/2011	Telkom Sa National Aquatic Champs
8	33.20 L	F	Maree, Monica D	18	HBVIL	23/10/2010	Limpopo HS Topskole 2010
9	33.23 L	F	Wessels, Carmen	18	BLOT FS	19/11/2010	FSA Open Championships 2010
10	33.55 L	P	Taylor, Nicole	18	SASE CG	18/03/2011	Telkom SA Level 3 National Champs
11	33.57 L	P	Billson, Carmel B	18	PEAS EP	24/09/2010	EP Aquabear Spring Gala 2010
12	33.95 L	P	Wessels, Michelle	18	BLOT FS	18/03/2011	Telkom SA Level 3 National Champs
13	34.19 L	F	Hershaw, Kate L	18	TYGE WP	10/12/2010	WP Sasko Championships
14	34.63 L	F	Siecker, Talitha	18	MATI WP	10/12/2010	WP Sasko Championships
15	34.92 L	F	Odendaal, Nellie M	18	SWAG NW	03/12/2010	NWS Championships 2010/2011
16	34.97 L	P	De Wet, Cassandra	18	TUKS NT	04/12/2010	NTS Championships 2010
17	35.19 L	F	Olickers, Thelma	18	NIMO NT	29/10/2010	2010 NTS Oct Short Distance Lev 2+O
18	35.27 L	P	Ferguson, Robyn N	18	UWCA WP	10/12/2010	WP Sasko Championships
19	35.36 L	F	Vd Linde, Charlene	18	SASO VT	22/01/2011	JrLong Distance Jan 2011
20	35.50 L	P	Geugis, Silke M	18	TYGE WP	10/12/2010	WP Sasko Championships
21	35.83 L	F	Hartig, Amber	18	ESP ES	14/06/2010	Sasol National Winter Championships
22	36.15 L	F	Boucher, Kristy	18	ONY ES	04/12/2010	EGA Champs Dec 2010
23	36.19 L	F	Hammond, Samantha L	18	UNI MP	28/01/2011	Mpumalanga School Trials 2011
24	36.21 L	P	Small, Bronwen A	18	TUKS NT	04/12/2010	NTS Championships 2010
25	36.25 L	F	Graham, Syanne E	18	AQUB EP	22/10/2010	PEA Swimming Club Gala
26	36.62 L	F	Scheepers, Charmonix	18	TUKS NT	29/10/2010	2010 NTS Oct Short Distance Lev 2+O
27	37.03 L	F	Kuperus, Chantelle	18	BISH CG	22/01/2011	CGA Level 2/3 # 4
28	37.16 L	F	Du Toit, Zandri	18	MDOL CG	19/02/2011	CGA Level 2Champs 2011
29	37.41 L	F	Napier-Jameson, Rebekah	18	MDOL CG	22/01/2011	CGA Level 2/3 # 4
30	38.03 L	F	Edwards, Caroline G	18	RBOT NW	21/08/2010	Adrian Grafe Memorial Gala
31	38.41 L	F	Botha, Zené	18	HWBA LP	04/02/2011	Limpopo Schools Champs 2011
32	38.87 L	F	Du Toit, Demi L	18	ACSA KZ	09/10/2010	KZN Winter Swim Program 5 & 6
33	39.06 L	F	du Plessis, Marelie	18	BLSS FS	19/11/2010	FSA Open Championships 2010
34	39.54 L	F	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010	Sasol National Winter Championships
35	39.68 L	P	Knight, Jessica D	18	KZNSA KZ	25/03/2011	Telkom SA Level 2 2011 FS
36	39.84 L	P	Heatlie, Ashton C	18	BENS ES	14/06/2010	Sasol National Winter Championships
37	39.94 L	F	Hartig, Kira	18	ESP ES	21/08/2010	Adrian Grafe Memorial Gala
38	40.75 L	F	Venter, Adriana	18	SS LP	18/09/2010	MP Sprint Gala Tri Nations 2010
39	41.28 L	P	Okes, Chanelle T	18	ESP ES	14/06/2010	Sasol National Winter Championships
40	41.50 L	F	Wolhuter, Hesmari	18	FAAC NC	19/11/2010	NCASA Age 3 KBY
41	43.41 L	P	Louw, Hester M	18	UPTS NC	12/01/2011	Nocasa Champs 2011
42	46.29 L	F	Featherstone, Sally K	18	SRAY BO	14/01/2011	BO-January Age Group Gala 2011
43	50.72 L	F	Gray, Leverne T	18	FLSC NC	12/01/2011	Nocasa Champs 2011
44	1:42.48 L	F	Mwitshwa, Zinhle P	18	MDOL CG	06/11/2010	CGA Level 2/3 #3
Women 18-18 100 Back							
1	1:02.63 L	F	Ashley-Cooper, Jessica L	18	WPA WP	11/04/2011	Telkom Sa National Aquatic Champs
2	1:04.22 L	F	De Vos, Natasha	18	NTS NT	11/04/2011	Telkom Sa National Aquatic Champs
3*	1:05.54 L	F	Pistorius, Michelle	18	PASC NT	18/03/2011	Telkom SA Level 3 National Champs
3*	1:05.54 L	F	Cooper, Oneida	18	BISH CG	18/03/2011	Telkom SA Level 3 National Champs
5	1:07.19 L	F	Baumann, Kathryn A	18	MDOL CG	22/07/2010	Irish Junior/Youth/Open Championships
6	1:07.31 L	F	De Wet, Suanne	18	TUKS NT	18/03/2011	Telkom SA Level 3 National Champs
7	1:09.32 L	P	Nicholas, Nina	18	WPA WP	11/04/2011	Telkom Sa National Aquatic Champs
8	1:09.92 L	F	Kat, Caitlin	18	MATI WP	29/10/2010	WP Barracudas Aquarama Summer
9	1:10.64 L	P	Billson, Carmel B	18	PEAS EP	18/03/2011	Telkom SA Level 3 National Champs
10	1:11.91 L	P	Wessels, Carmen	18	BLOT FS	18/03/2011	Telkom SA Level 3 National Champs
11	1:12.62 L	P	Forbes-Milne, Emma J	18	KZNA KZ	11/04/2011	Telkom Sa National Aquatic Champs
12	1:13.04 L	P	Wessels, Michelle	18	BLOT FS	18/03/2011	Telkom SA Level 3 National Champs
13	1:13.24 L	P	Taylor, Nicole	18	SASE CG	18/03/2011	Telkom SA Level 3 National Champs
14	1:13.59 L	F	Siecker, Talitha	18	MATI WP	10/12/2010	WP Sasko Championships
15	1:14.68 L	F	Odendaal, Nellie M	18	SWAG NW	03/12/2010	NWS Championships 2010/2011
16	1:14.82 L L	F	Hershaw, Kate L	18	TYGE WP	10/12/2010	WP Sasko Championships
17	1:15.00 L	P	Dryding, Dominique A	18	CADO WP	10/12/2010	WP Sasko Championships
18	1:15.73 L	P	Ferguson, Robyn N	18	UWCA WP	18/03/2011	Telkom SA Level 3 National Champs
19	1:15.75 L	F	Vd Linde, Charlene	18	SASO VT	14/06/2010	Sasol National Winter Championships
20	1:17.55 L	F	Hartig, Amber	18	ESP ES	28/08/2010	SA Small Provinces Inter-Provincial Gala

Individual Top Times

Times since: 01-May-10 **Times until: 30-Apr-11**
Number of Top Times: 100 **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
21	1:17.73	L	P	Oickers, Thelma	18	NIMO NT	04/12/2010 NTS Championships 2010
22	1:18.24	L	F	Maree, Monica D	18	TUKS NT	29/10/2010 2010 NTS Oct Short Distance Lev 2+O
23	1:18.89	L	F	Boucher, Kristy	18	ONY ES	04/12/2010 EGA Champs Dec 2010
24	1:19.33	L	F	Edwards, Caroline G	18	RBOT NW	28/08/2010 SA Small Provinces Inter-Provincial Gala
25	1:20.10	L	F	Kuperus, Chantelle	18	BISH CG	22/01/2011 CGA Level 2/3 # 4
26	1:20.40	L	F	du Plessis, Marelise	18	BLSS FS	19/11/2010 FSA Open Championships 2010
27	1:21.69	L	F	Geugis, Silke M	18	TYGE WP	15/01/2011 WP Swartland Swim Challenge
28	1:21.83	L	F	Small, Bronwen A	18	TUKS NT	21/01/2011 2011 NTS January Lev 2+O SD+LD Age
29	1:22.92	L	F	Du Toit, Zandri	18	MDOL CG	19/02/2011 CGA Level 2Champs 2011
30	1:24.84	L	F	Venter, Adriana	18	SS LP	26/11/2010 Limpopo Champs 26-27th November
31	1:24.87	L	F	Heatlie, Ashton C	18	BENS ES	19/09/2010 Highveld Inter-Provincial Gala 2010
32	1:29.05	L	F	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010 Sasol National Winter Championships
33	1:30.09	L	P	Knight, Jessica D	18	KZNSA KZ	25/03/2011 Telkom SA Level 2 2011 FS
Women 18-18 200 Back							
1	2:15.88	L	F	De Vos, Natasha	18	NTS NT	11/04/2011 Telkom Sa National Aquatic Champs
2	2:16.67	L	F	Ashley-Cooper, Jessica L	18	WPA WP	11/04/2011 Telkom Sa National Aquatic Champs
3	2:22.81	L	F	Nicholas, Nina	18	WPA WP	11/04/2011 Telkom Sa National Aquatic Champs
4	2:24.08	L	F	Baumann, Kathryn A	18	MDOL CG	22/07/2010 Irish Junior/Youth/Open Championships
5	2:24.96	L	P	Cooper, Oneida	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
6	2:27.48	L	F	Pistorius, Michelle	18	PASC NT	04/12/2010 NTS Championships 2010
7	2:29.55	L	P	Billson, Carmel B	18	PEAS EP	18/03/2011 Telkom SA Level 3 National Champs
8	2:32.35	L	F	Kat, Caitlin	18	MATI WP	10/12/2010 WP Sasko Championships
9	2:36.53	L	P	Dryding, Dominique A	18	CADO WP	10/12/2010 WP Sasko Championships
10	2:39.30	L	P	Siecker, Talitha	18	MATI WP	10/12/2010 WP Sasko Championships
11	2:40.24	L	F	Wessels, Carmen	18	BLOT FS	19/11/2010 FSA Open Championships 2010
12	2:40.59	L	F	Vd Linde, Charlene	18	SASO VT	14/06/2010 Sasol National Winter Championships
13	2:40.62	L	F	Geugis, Silke M	18	TYGE WP	10/12/2010 WP Sasko Championships
14	2:42.18	L	F	Odendaal, Nellie M	18	SWAG NW	30/10/2010 NWS Age Group 2
15	2:45.08	L	P	Hershaw, Kate L	18	TYGE WP	10/12/2010 WP Sasko Championships
16	2:46.27	L	F	Wessels, Michelle	18	BLOT FS	19/11/2010 FSA Open Championships 2010
17	2:49.23	L	F	Newman, Rebecca J	18	SCAT EP	10/12/2010 EP Championships 2010
18	2:51.98	L	F	Hartig, Amber	18	ESP ES	14/06/2010 Sasol National Winter Championships
19	2:53.13	L	F	Kuperus, Chantelle	18	BISH CG	05/02/2011 CGA Level 2/3 # 5
20	2:53.78	L	F	du Plessis, Marelise	18	BLSS FS	19/11/2010 FSA Open Championships 2010
21	2:54.46	L	P	Oickers, Thelma	18	NIMO NT	25/03/2011 Telkom SA Level 2 2011 NTS
22	2:59.44	L	F	Boucher, Kristy	18	ONY ES	26/11/2010 2010 NTS Presidents Gala
23	3:01.06	L	F	Heatlie, Ashton C	18	BENS ES	14/06/2010 Sasol National Winter Championships
24	3:05.85	L	F	Du Toit, Demi L	18	ACSA KZ	21/08/2010 KZN Winter Swim Program 1 & 2
25	3:14.17	L	F	Hartig, Kira	18	ESP ES	14/06/2010 Sasol National Winter Championships
26	3:15.43	L	F	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010 Sasol National Winter Championships
27	4:07.41	L	F	Featherstone, Sally K	18	SRAY BO	17/12/2010 December Age Group Gala 2010
Women 18-18 50 Breast							
1	32.44	L	P	Conlon, Claire	18	KZNA KZ	11/04/2011 Telkom Sa National Aquatic Champs
2	32.92	L	F	Jonker, Franko	18	NTS NT	11/04/2011 Telkom Sa National Aquatic Champs
3	33.19	L	S	Mackenzie, Taryn A	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
4	33.40	L	P	Terblanche, Carike	18	PASC NT	18/03/2011 Telkom SA Level 3 National Champs
5	33.85	L	S	Knoesen, Cheri	18	EP EP	11/04/2011 Telkom Sa National Aquatic Champs
6	34.08	L	F	Richards, Catherine A	18	PASC NT	24/09/2010 EP Aquabear Spring Gala 2010
7	34.42	L	S	Harris, Nicole E	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
8	34.46	L	S	Wessels, Michelle	18	FS FS	11/04/2011 Telkom Sa National Aquatic Champs
9	34.98	L	T	Ferguson, Robyn N	18	UWCA WP	18/03/2011 Telkom SA Level 3 National Champs
10	34.99	L	P	Lindemeier, Daniela	18	NTS NT	11/04/2011 Telkom Sa National Aquatic Champs
11	35.07	L	F	Wessels, Carmen	18	BLOT FS	21/02/2011 Liga1
12	35.10	L	T	Graham, Syanne E	18	AQUB EP	18/03/2011 Telkom SA Level 3 National Champs
13	36.01	L	F	Scheepers, Charmonix	18	TUKS NT	04/12/2010 NTS Championships 2010
14	37.06	L	P	Taylor, Nicole	18	SASE CG	18/03/2011 Telkom SA Level 3 National Champs
15	37.41	L	F	Kat, Caitlin	18	MATI WP	29/10/2010 WP Barracudas Aquarama Summer
16	38.31	L	F	Siecker, Talitha	18	MATI WP	25/03/2011 Telkom SA Level 2 2011 WP

Individual Top Times

Times since: 01-May-10 **Times until: 30-Apr-11**
Number of Top Times: 100 **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
17	38.83 L	F	Rodseth, Clare J	18	VINE WP	21/08/2010	WP Summer League 1
18	39.15 L	F	Napier-Jameson, Rebekah	18	MDOL CG	11/02/2011	NTS 2011 February Age Group
19	39.34 L	F	Olckers, Thelma	18	NIMO NT	25/03/2011	Telkom SA Level 2 2011 NTS
20	39.41 L	F	Odendaal, Nellie M	BR	PWC CG	04/02/2011	NW Schools Swimming Championships
21	39.47 L	F	Penman, Abigail M	18	BLAC ES	05/02/2011	CGA Level 2/3 # 5
22	39.81 L	F	Botha, Kathlyn	18	FISH SW	05/11/2010	FREDA BARNARD GALA
23	40.09 L	F	Boucher, Kristy	18	ONY ES	26/11/2010	2010 NTS Presidents Gala
24	40.11 L	F	Hartig, Amber	18	ESP ES	14/06/2010	Sasol National Winter Championships
25	40.22 L	F	Hammond, Samantha L	18	UNI MP	28/01/2011	Mpumalanga School Trials 2011
26	40.23 L	F	Vd Linde, Charlene	18	SASO VT	14/06/2010	Sasol National Winter Championships
27	40.28 L	P	Hershaw, Kate L	18	TYGE WP	10/12/2010	WP Sasko Championships
28	41.10 L	F	Le Roux, Simone	18	ACSA KZ	09/10/2010	KZN Winter Swim Program 5 & 6
29	41.64 L	F	Venter, Adriana	18	MER	23/10/2010	Limpopo HS Topskole 2010
30	41.66 L	F	Edwards, Caroline G	18	RBOT NW	21/08/2010	Adrian Grafe Memorial Gala
31	42.82 L	F	Hartig, Kira	18	ESP ES	14/06/2010	Sasol National Winter Championships
32	43.16 L	F	Oelofse, Catie	18	HARL BO	08/10/2010	BO-October Age Group Gala 2010
33	43.23 L	F	Kuperus, Chantelle	18	BISH CG	19/02/2011	CGA Level 2Champs 2011
34	43.25 L	F	De Lange, Chenelle A	18	ZULU KZ	20/02/2011	Kwazulu Natal High School Trials 2011
35	43.40 L	F	Ackermann, Elené	18	BLSS FS	19/11/2010	FSA Open Championships 2010
36	43.45 L	F	Du Toit, Demi L	18	ACSA KZ	09/10/2010	KZN Winter Swim Program 5 & 6
37	44.05 L	F	Heatlie, Ashton C	18	BENS ES	14/06/2010	Sasol National Winter Championships
38	44.37 L	F	Botha, Zené	18	HWBA LP	04/02/2011	Limpopo Schools Champs 2011
39	45.53 L	F	Okes, Chanelle T	18	ESP ES	14/06/2010	Sasol National Winter Championships
40	46.71 L	P	Knight, Jessica D	18	KZNSA KZ	25/03/2011	Telkom SA Level 2 2011 FS
41	46.76 L	F	Venter, Simoné	18	PHS MP	04/02/2011	Limpopo Schools Champs 2011
42	47.21 L	F	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010	Sasol National Winter Championships
43	47.52 L	F	Featherstone, Sally K	18	BOR BO	22/01/2011	Inter Provincial Gala
44	48.53 L	F	Louw, Hester M	18	UPTS NC	12/01/2011	Nocasa Champs 2011
45	48.92 L	F	Wolhuter, Hesmari	18	FAAC NC	19/11/2010	NCASA Age 3 KBY
46	55.56 L	F	Bester, Louise	18	SASO VT	14/06/2010	Sasol National Winter Championships
47	1:10.05 L	F	Gray, Leverne T	18	FLSC NC	12/01/2011	Nocasa Champs 2011
Women 18-18 100 Breast							
1	1:11.83 L	S	Jonker, Franko	18	NTS NT	11/04/2011	Telkom Sa National Aquatic Champs
2	1:12.68 L	P	Mackenzie, Taryn A	18	WATR CG	18/03/2011	Telkom SA Level 3 National Champs
3*	1:12.79 L	F	Terblanche, Carike	18	PASC NT	04/12/2010	NTS Championships 2010
3*	1:12.79 L	F	Conlon, Claire	18	KZNA KZ	11/04/2011	Telkom Sa National Aquatic Champs
5*	1:13.38 L	P	Richards, Catherine A	18	PASC NT	24/09/2010	EP Aquabear Spring Gala 2010
5*	1:13.38 L	F	Harris, Nicole E	18	WATR CG	18/03/2011	Telkom SA Level 3 National Champs
7	1:14.85 L	F	Wessels, Michelle	18	FS FS	11/04/2011	Telkom Sa National Aquatic Champs
8	1:15.21 L	S	Lindemeier, Daniela	18	NTS NT	11/04/2011	Telkom Sa National Aquatic Champs
9	1:16.37 L	P	Knoesen, Cheri	18	EP EP	11/04/2011	Telkom Sa National Aquatic Champs
10	1:16.56 L	P	Ferguson, Robyn N	18	WPA WP	11/04/2011	Telkom Sa National Aquatic Champs
11	1:17.27 L	F	Wessels, Carmen	18	BLOT FS	21/02/2011	Liga1
12	1:17.58 L	P	Graham, Syanne E	18	AQUB EP	24/09/2010	EP Aquabear Spring Gala 2010
13	1:19.51 L	F	Scheepers, Charmonix	18	TUKS NT	04/12/2010	NTS Championships 2010
14	1:19.86 L	F	Kat, Caitlin	18	MATI WP	18/09/2010	WP Summer League 2
15	1:24.08 L	F	Napier-Jameson, Rebekah	18	MDOL CG	05/02/2011	CGA Level 2/3 # 5
16	1:24.23 L	P	Siecker, Talitha	18	MATI WP	25/03/2011	Telkom SA Level 2 2011 WP
17	1:26.54 L	F	Hartig, Amber	18	ESP ES	28/08/2010	SA Small Provinces Inter-Provincial Gala
18	1:26.56 L	F	Rodseth, Clare J	18	VINE WP	18/09/2010	WP Summer League 2
19	1:28.52 L	F	Le Roux, Simone	18	ETHEK KZ	20/02/2011	Kwazulu Natal High School Trials 2011
20	1:29.76 L	F	Maree, Monica D	18	HBVIL	04/02/2011	Limpopo Schools Champs 2011
21	1:30.16 L	F	Hammond, Samantha L	18	UNI MP	28/01/2011	Mpumalanga School Trials 2011
22	1:30.20 L	F	Penman, Abigail M	18	BLAC ES	19/02/2011	CGA Level 2Champs 2011
23	1:30.41 L	F	Olckers, Thelma	18	NIMO NT	11/02/2011	NTS 2011 February Age Group
24	1:31.20 L	F	Boucher, Kristy	18	ONY ES	04/12/2010	EGA Champs Dec 2010
25	1:31.23 L	F	Venter, Adriana	18	MER	04/02/2011	Limpopo Schools Champs 2011
26	1:31.82 L	F	Botha, Kathlyn	18	FISH SW	29/01/2011	5th A League 29Jan2011
27	1:32.07 L	F	Hartig, Kira	18	ESP ES	28/08/2010	SA Small Provinces Inter-Provincial Gala

Individual Top Times

Times since: 01-May-10 **Times until: 30-Apr-11**
Number of Top Times: 100 **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
28	1:32.42	L	F	Kuperus, Chantelle	18	BISH CG	19/02/2011 CGA Level 2Champs 2011
29	1:32.71	L	F	Odendaal, Nellie M	18	SWAG NW	28/08/2010 SA Small Provinces Inter-Provincial Gala
30	1:33.49	L	F	Ackermann, Elené	18	BLSS FS	19/11/2010 FSA Open Championships 2010
31	1:33.51	L	F	Du Toit, Demi L	18	ACSA KZ	18/09/2010 KZN Winter Swim Program 3 & 4
32	1:34.59	L	P	Oelofse, Catie	18	HARL BO	24/09/2010 EP Aquabear Spring Gala 2010
33	1:35.47	L	F	du Plessis, Marelise	18	BLSS FS	22/10/2010 Otters Prestige Gala 2010
34	1:36.17	L	F	De Lange, Chenelle A	18	ZULU KZ	20/02/2011 Kwazulu Natal High School Trials 2011
35	1:37.45	L	F	Okes, Chanelle T	18	ESP ES	14/06/2010 Sasol National Winter Championships
36	1:39.05	L	F	Heatlie, Ashton C	18	BENS ES	14/06/2010 Sasol National Winter Championships
37	1:45.05	L	F	Venter, Simoné	18	PHS MP	04/02/2011 Limpopo Schools Champs 2011
38	1:45.69	L	F	Featherstone, Sally K	18	BOR BO	11/04/2011 Telkom Sa National Aquatic Champs
39	1:46.40	L	F	Louw, Hester M	18	UPTS NC	12/01/2011 Nocasa Champs 2011
40	1:47.11	L	F	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010 Sasol National Winter Championships
Women 18-18 200 Breast							
1	2:34.97	L	F	Jonker, Franko	18	TUKS NT	18/03/2011 Telkom SA Level 3 National Champs
2	2:36.66	L	P	Mackenzie, Taryn A	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
3	2:36.73	L	F	Richards, Catherine A	18	PASC NT	24/09/2010 EP Aquabear Spring Gala 2010
4	2:36.96	L	P	Terblanche, Carike	18	NTS NT	11/04/2011 Telkom Sa National Aquatic Champs
5	2:37.33	L	F	Harris, Nicole E	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
6	2:38.60	L	F	Wessels, Michelle	18	FS FS	11/04/2011 Telkom Sa National Aquatic Champs
7	2:42.52	L	F	Conlon, Claire	18	SEAL KZ	18/03/2011 Telkom SA Level 3 National Champs
8	2:44.86	L	P	Knoesen, Cheri	18	EP EP	11/04/2011 Telkom Sa National Aquatic Champs
9	2:45.10	L	F	Wessels, Carmen	18	BLOT FS	21/02/2011 Liga1
10	2:45.83	L	P	Lindemeier, Daniela	18	NTS NT	11/04/2011 Telkom Sa National Aquatic Champs
11	2:47.21	L	P	Ferguson, Robyn N	18	WPA WP	11/04/2011 Telkom Sa National Aquatic Champs
12	2:50.22	L	P	Graham, Syanne E	18	EP EP	11/04/2011 Telkom Sa National Aquatic Champs
13	2:53.45	L	F	Siecker, Talitha	18	MATI WP	25/03/2011 Telkom SA Level 2 2011 WP
14	2:53.88	L	F	Scheepers, Charmonix	18	TUKS NT	04/12/2010 NTS Championships 2010
15	3:11.11	L	F	Le Roux, Simone	18	ETHEK KZ	20/02/2011 Kwazulu Natal High School Trials 2011
16	3:18.10	L	F	du Plessis, Marelise	18	BLSS FS	30/10/2010 Supersport Seals Long Course Gala
17	3:18.84	L	F	Ackermann, Elené	18	BLSS FS	19/11/2010 FSA Open Championships 2010
18*	3:21.32	L	F	van der Merwe, MArtine	18	BLSS FS	30/10/2010 Supersport Seals Long Course Gala
18*	3:21.32	L	F	Boucher, Kristy	18	ONY ES	13/11/2010 EGA Super Age Group 2 Nov 2010
20	3:22.02	L	F	Hartig, Kira	18	ESP ES	14/06/2010 Sasol National Winter Championships
21	3:22.52	L	F	Venter, Adriana	18	MER	04/02/2011 Limpopo Schools Champs 2011
22	3:24.97	L	F	Olckers, Thelma	18	NIMO NT	13/11/2010 EGA Super Age Group 2 Nov 2010
23	3:29.11	L	F	De Lange, Chenelle A	18	ZULU KZ	20/02/2011 Kwazulu Natal High School Trials 2011
24	3:32.59	L	F	Heatlie, Ashton C	18	BENS ES	13/11/2010 EGA Super Age Group 2 Nov 2010
25	3:35.82	L	F	Okes, Chanelle T	18	ESP ES	14/06/2010 Sasol National Winter Championships
26	3:48.33	L	F	Louw, Hester M	18	UPTS NC	12/01/2011 Nocasa Champs 2011
27	3:51.82	L	F	Featherstone, Sally K	18	SRAY BO	14/01/2011 BO-January Age Group Gala 2011
28	4:09.57	L	F	Venter, Simoné	18	PHS MP	04/02/2011 Limpopo Schools Champs 2011
Women 18-18 50 Fly							
1	28.17	L	F	Ashley-Cooper, Jessica L	18	WPA WP	11/04/2011 Telkom Sa National Aquatic Champs
2	28.51	L	F	Cooper, Oneida	18	CGA CG	11/04/2011 Telkom Sa National Aquatic Champs
3	29.29	L	S	Wessels, Michelle	18	FS FS	11/04/2011 Telkom Sa National Aquatic Champs
4	29.31	L	F	Wessels, Carmen	18	BLOT FS	21/02/2011 Liga1
5	29.43	L	F	De Wet, Suanne	18	TUKS NT	04/12/2010 NTS Championships 2010
6	29.51	L	F	Pistorius, Michelle	18	PASC NT	04/12/2010 NTS Championships 2010
7	29.74	L	F	Van Zyl, Jo-Mari	18	MDOL CG	08/12/2010 CGA Open Champs
8	30.22	L	P	Taylor, Nicole	18	SASE CG	22/07/2010 Irish Junior/Youth/Open Championships
9	30.52	L	P	Harris, Nicole E	18	WATR CG	18/03/2011 Telkom SA Level 3 National Champs
10	30.71	L	F	Terblanche, Carike	18	PASC NT	11/02/2011 NTS 2011 February Age Group
11	30.74	L	F	Lindemeier, Daniela	18	TUKS NT	27/08/2010 NTS August SD lev 2+Over Age Group
12	31.14	L	P	Mackenzie, Taryn A	18	WATR CG	08/12/2010 CGA Open Champs
13	31.48	L	F	Billson, Carmel B	18	PEAS EP	11/02/2011 EPA 6th SASKO A League Gala
14*	31.49	L	F	Graham, Syanne E	18	AQUB EP	24/09/2010 EP Aquabear Spring Gala 2010
14*	31.49	L	F	Kat, Caitlin	18	MATI WP	18/09/2010 WP Summer League 2

Individual Top Times

Times since: 01-May-10 **Times until: 30-Apr-11**
Number of Top Times: 100 **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
16	31.73 L	P	Small, Bronwen A	18	TUKS NT	04/12/2010	NTS Championships 2010
17	32.00 L	P	Knoesen, Cheri	18	AQUB EP	24/09/2010	EP Aquabear Spring Gala 2010
18	32.07 L	F	Richards, Catherine A	18	PASC NT	11/02/2011	NTS 2011 February Age Group
19	32.23 L	P	Ferguson, Robyn N	18	UWCA WP	18/03/2011	Telkom SA Level 3 National Champs
20	32.51 L	F	Penman, Abigail M	18	BLAC ES	05/02/2011	CGA Level 2/3 # 5
21	33.11 L	F	Scheepers, Charmonix	18	TUKS NT	27/08/2010	NTS August SD lev 2+Over Age Group
22	33.26 L	P	Conlon, Claire	18	SEAL KZ	14/12/2010	The SwimShop KZN Provincial
23	33.29 L	F	Odendaal, Nellie M	BR	PWC CG	04/02/2011	NW Schools Swimming Championships
24	33.32 L	P	Hershaw, Kate L	18	TYGE WP	10/12/2010	WP Sasko Championships
25	33.66 L	P	Dryding, Dominique A	18	CADO WP	10/12/2010	WP Sasko Championships
26	33.69 L	P	De Wet, Cassandra	18	TUKS NT	04/12/2010	NTS Championships 2010
27	33.94 L	F	Maree, Monica D	18	HBVIL	23/10/2010	Limpopo HS Topskole 2010
28	34.07 L	F	Napier-Jameson, Rebekah	18	MDOL CG	08/12/2010	CGA Open Champs
29	34.32 L	P	du Plessis, Marelise	18	SASO VT	14/06/2010	Sasol National Winter Championships
30	34.39 L	F	Le Roux, Simone	18	ACSA KZ	09/10/2010	KZN Winter Swim Program 5 & 6
31	34.56 L	F	Du Toit, Zandri	18	MDOL CG	19/02/2011	CGA Level 2Champs 2011
32	34.61 L	F	Du Toit, Demi L	18	ACSA KZ	09/10/2010	KZN Winter Swim Program 5 & 6
33	34.73 L	F	Hartig, Amber	18	ESP ES	14/06/2010	Sasol National Winter Championships
34	34.78 L	F	Venter, Adriana	18	SS LP	18/09/2010	MP Sprint Gala Tri Nations 2010
35	34.81 L	F	Edwards, Caroline G	18	RBOT NW	21/08/2010	Adrian Grafe Memorial Gala
36	35.04 L	P	Boucher, Kristy	18	ONY ES	25/03/2011	Telkom SA Level 2 2011 NTS
37	35.40 L	F	Siecker, Talitha	18	MATI WP	18/09/2010	WP Summer League 2
38	35.53 L	F	Menezes, Elizabeth G	18	JASK NC	12/11/2010	Ncasa Age Group 2Kby
39	35.73 L	F	Hammond, Samantha L	18	UNI MP	28/01/2011	Mpumalanga School Trials 2011
40	36.10 L	F	Vd Linde, Charlene	18	SASO VT	22/01/2011	JrLong Distance Jan 2011
41	36.34 L	F	Olckers, Thelma	18	NIMO NT	11/02/2011	NTS 2011 February Age Group
42	37.38 L	F	Wehmeyer, Michelle	18	HILL NT	28/08/2010	NTS 2010 Aug SD Level 1+U Age Grp
43	37.86 L	F	Louw, Hester M	18	UPTS NC	10/12/2010	NCASA Sprints 2010
44	38.53 L	F	Oelofse, Catie	18	BOR BO	22/01/2011	Inter Provincial Gala
45	38.75 L	P	Hartig, Kira	18	ESP ES	14/06/2010	Sasol National Winter Championships
46	39.55 L	F	Botha, Zené	18	HWBA LP	04/02/2011	Limpopo Schools Champs 2011
47	39.61 L	F	Kuperus, Chantelle	18	BISH CG	19/02/2011	CGA Level 2Champs 2011
48	40.14 L	P	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010	Sasol National Winter Championships
49	40.93 L	P	Okes, Chanelle T	18	ESP ES	14/06/2010	Sasol National Winter Championships
Women 18-18 100 Fly							
1	1:04.73 L	F	Ashley-Cooper, Jessica L	18	TYGE WP	10/12/2010	WP Sasko Championships
2	1:07.02 L	P	Van Zyl, Jo-Mari	18	MDOL CG	22/07/2010	Irish Junior/Youth/Open Championships
3	1:08.03 L	F	Pistorius, Michelle	18	PASC NT	18/03/2011	Telkom SA Level 3 National Champs
4	1:08.12 L	F	Dryding, Dominique A	18	CADO WP	18/03/2011	Telkom SA Level 3 National Champs
5	1:08.91 L	P	Harris, Nicole E	18	WATR CG	18/03/2011	Telkom SA Level 3 National Champs
6	1:09.16 L	P	Austin, Shannon	18	PASC NT	04/12/2010	NTS Championships 2010
7	1:09.71 L	F	Wessels, Michelle	18	BLOT FS	19/11/2010	FSA Open Championships 2010
8	1:11.01 L	F	Kat, Caitlin	18	MATI WP	29/10/2010	WP Barracudas Aquarama Summer
9	1:11.44 L	P	Mackenzie, Taryn A	18	WATR CG	18/03/2011	Telkom SA Level 3 National Champs
10	1:12.02 L	F	Wessels, Carmen	18	BLOT FS	19/11/2010	FSA Open Championships 2010
11	1:13.67 L	F	Taylor, Nicole	18	SASE CG	19/09/2010	Highveld Inter-Provincial Gala 2010
12	1:16.19 L	F	Odendaal, Nellie M	18	SWAG NW	30/10/2010	NWS Age Group 2
13	1:17.43 L	F	du Plessis, Marelise	18	SASO VT	14/06/2010	Sasol National Winter Championships
14	1:18.19 L	F	Venter, Adriana	18	MER	04/02/2011	Limpopo Schools Champs 2011
15	1:18.46 L	F	Newman, Rebecca J	18	SCAT EP	10/12/2010	EP Championships 2010
16	1:23.25 L	F	Boucher, Kristy	18	ONY ES	04/12/2010	EGA Champs Dec 2010
17	1:24.82 L	F	Vd Linde, Charlene	18	SASO VT	04/12/2010	Vaal Triangle Summer Championship
18	1:25.63 L	F	Du Toit, Demi L	18	ACSA KZ	18/09/2010	KZN Winter Swim Program 3 & 4
19	1:26.84 L	F	Prinsloo, Clarissa	18	ZULU KZ	20/02/2011	Kwazulu Natal High School Trials 2011
20	1:27.93 L	F	Menezes, Elizabeth G	18	JASK NC	10/12/2010	NCASA Sprints 2010
21	1:46.85 L	F	Okes, Chanelle T	18	ESP ES	14/06/2010	Sasol National Winter Championships
Women 18-18 200 Fly							
1	2:28.20 L	F	Dryding, Dominique A	18	CADO WP	18/03/2011	Telkom SA Level 3 National Champs

Individual Top Times

Times since: 01-May-10 **Times until: 30-Apr-11**
Number of Top Times: 100 **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
2	2:30.14 L	F	Austin, Shannon	18	PASC NT	18/03/2011	Telkom SA Level 3 National Champs
3	2:31.83 L	F	Ashley-Cooper, Jessica L	18	TYGE WP	10/12/2010	WP Sasko Championships
4	2:50.28 L	F	Wessels, Michelle	18	BLOT FS	19/11/2010	FSA Open Championships 2010
5	2:52.75 L	F	Wessels, Carmen	18	BLOT FS	19/11/2010	FSA Open Championships 2010
6	2:58.82 L	F	Odendaal, Nellie M	BR	PWC CG	04/02/2011	NW Schools Swimming Championships
Women 18-18 200 IM							
1	2:24.16 L	F	Cooper, Oneida	18	BISH CG	18/03/2011	Telkom SA Level 3 National Champs
2	2:24.76 L	F	Terblanche, Carike	18	PASC NT	18/03/2011	Telkom SA Level 3 National Champs
3	2:27.23 L	P	Mackenzie, Taryn A	18	CGA CG	11/04/2011	Telkom Sa National Aquatic Champs
4	2:27.69 L	F	Wessels, Michelle	18	BLOT FS	18/03/2011	Telkom SA Level 3 National Champs
5	2:28.06 L	F	Kat, Caitlin	18	MATI WP	10/12/2010	WP Sasko Championships
6	2:28.69 L	P	Dryding, Dominique A	18	CADO WP	18/03/2011	Telkom SA Level 3 National Champs
7	2:29.16 L	F	Pistorius, Michelle	18	PASC NT	04/12/2010	NTS Championships 2010
8	2:29.18 L	F	Richards, Catherine A	18	PASC NT	24/09/2010	EP Aquabear Spring Gala 2010
9	2:30.18 L	F	Harris, Nicole E	18	WATR CG	18/03/2011	Telkom SA Level 3 National Champs
10	2:30.27 L	F	Wessels, Carmen	18	BLOT FS	18/03/2011	Telkom SA Level 3 National Champs
11	2:32.03 L	F	Graham, Syanne E	18	AQUB EP	24/09/2010	EP Aquabear Spring Gala 2010
12	2:35.72 L	P	Ferguson, Robyn N	18	UWCA WP	18/03/2011	Telkom SA Level 3 National Champs
13	2:36.65 L	P	Lindemeier, Daniela	18	TUKS NT	18/03/2011	Telkom SA Level 3 National Champs
14	2:37.66 L	F	Billson, Carmel B	18	PEAS EP	24/09/2010	EP Aquabear Spring Gala 2010
15	2:41.19 L	F	Taylor, Nicole	18	SASE CG	19/02/2011	CGA Level 2Champs 2011
16	2:41.87 L	F	Siecker, Talitha	18	MATI WP	10/12/2010	WP Sasko Championships
17	2:42.43 L	P	Hershaw, Kate L	18	TYGE WP	10/12/2010	WP Sasko Championships
18	2:42.90 L	F	Knoesen, Cheri	18	AQUB EP	24/09/2010	EP Aquabear Spring Gala 2010
19	2:44.29 L	F	du Plessis, Marelle	18	SASO VT	14/06/2010	Sasol National Winter Championships
20	2:45.54 L	F	Odendaal, Nellie M	BR	PWC CG	04/02/2011	NW Schools Swimming Championships
21	2:45.78 L	F	Napier-Jameson, Rebekah	18	MDOL CG	19/02/2011	CGA Level 2Champs 2011
22	2:46.64 L	F	Vd Linde, Charlene	18	SASO VT	14/06/2010	Sasol National Winter Championships
23	2:46.78 L	F	De Wet, Cassandra	18	TUKS NT	24/09/2010	2010 NTS Sept Lev 2&O SD Age Grp
24	2:48.74 L	F	Maree, Monica D	18	HBVIL	23/10/2010	Limpopo HS Topskole 2010
25	2:51.47 L	F	Newman, Rebecca J	18	SCAT EP	13/08/2010	EPA 1st SASKO A League Gala
26	2:51.87 L	F	Kuperus, Chantelle	18	BISH CG	22/01/2011	CGA Level 2/3 # 4
27	2:54.18 L	F	Boucher, Kristy	18	ONY ES	04/12/2010	EGA Champs Dec 2010
28	2:56.01 L	F	Hartig, Amber	18	ESP ES	14/06/2010	Sasol National Winter Championships
29	2:56.32 L	F	Venter, Adriana	18	MER	23/10/2010	Limpopo HS Topskole 2010
30	3:00.82 L	F	Olckers, Thelma	18	NIMO NT	04/12/2010	NTS Championships 2010
31	3:01.39 L	F	Hartig, Kira	18	ESP ES	28/08/2010	SA Small Provinces Inter-Provincial Gala
32	3:09.13 L	P	Heatlie, Ashton C	18	BENS ES	04/12/2010	EGA Champs Dec 2010
33	3:13.97 L	F	Prinsloo, Clarissa	18	ZULU KZ	20/02/2011	Kwazulu Natal High School Trials 2011
34	3:16.02 L	F	Oelofse, Catie	18	HARL BO	24/09/2010	EP Aquabear Spring Gala 2010
35	3:21.77 L	F	Kleynhans-Rae, Jade A	18	ESP ES	14/06/2010	Sasol National Winter Championships
36	3:26.19 L	F	Louw, Hester M	18	UPTS NC	12/01/2011	Nocasa Champs 2011
Women 18-18 400 IM							
1	5:12.17 L	F	Kat, Caitlin	18	WPA WP	11/04/2011	Telkom Sa National Aquatic Champs
2	5:16.45 L	F	Nicholas, Nina	18	CADO WP	18/09/2010	WP Summer League 2
3	5:16.78 L	F	Mackenzie, Taryn A	18	WATR CG	18/03/2011	Telkom SA Level 3 National Champs
4	5:18.79 L	F	Cooper, Oneida	18	BISH CG	05/02/2011	CGA Level 2/3 # 5
5	5:24.54 L	F	Richards, Catherine A	18	PASC NT	20/08/2010	2010 August Long Distance Age Group
6	5:34.61 L	F	Dryding, Dominique A	18	CADO WP	18/09/2010	WP Summer League 2
7	5:35.79 L	F	Wessels, Michelle	18	BLOT FS	19/11/2010	FSA Open Championships 2010
8	5:39.74 L	F	Wessels, Carmen	18	BLOT FS	19/11/2010	FSA Open Championships 2010
9	5:42.31 L	F	Graham, Syanne E	18	AQUB EP	08/10/2010	EPA 3rd SASKO A League Gala
10	5:59.98 L	F	du Plessis, Marelle	18	BLSS FS	19/11/2010	FSA Open Championships 2010
11	6:01.84 L	F	Hershaw, Kate L	18	TYGE WP	19/11/2010	WP Vineyard Spring Gala