

# Swimming South Africa

## RECORDS SA Short Course as at 30/04/2011

### SC Meters-Women

50 Free	24.72	<b>19-Dec-07</b> RSALize Mari Reteif-International-Vladimir Swimming
100 Free	53.96	<b>19-Dec-07</b> RSALize Mari Reteif-International-Vladimir Swimming
200 Free	1:56.78	<b>7-Apr-02</b> RSAHelene K Muller World SC Championships
400 Free	4:03.50	<b>9-Apr-08</b> SGULKZMelissa J. Corfe at 9th Fina Swimming World Championship
800 Free	8:23.29	<b>6-Aug-10</b> VINEWPWendy Trot at Telkom Sa Short Course RSA
1500 Free	16:11.24	<b>14-Jul-10</b> SAMelissa J Corfe at Telkom SA National SC Championships
50 Back	26.89	<b>6-Nov-09</b> PASCNTChanelle Van Wyk at Fina Arena World Cup-Moscow
100 Back	56.56	<b>17-Nov-09</b> PASCNTChanelle Van Wyk at Fina Arena World Cup-Berlin
200 Back	2:05.01	<b>21-Nov-09</b> MDOLCGMandy LOOTS at Fina Arena World Cup-Singapore
50 Breast	30.60	<b>26-Sep-99</b> ATOTIKZPenny Heyns Seagulls SC Championships
100 Breast	1:05.36	<b>9-Apr-08</b> TUKSNTSUZAAN VAN BILJON at 9th Fina Swimming World Char
200 Breast	2:18.73	<b>9-Apr-08</b> TUKSNTSUZAAN VAN BILJON at 9th Fina Swimming World Char
50 Fly	25.90	<b>23-Nov-07</b> TUKSNTLIZE-MARI RETIEF at Fina Arena World Cup 2007-Belo
100 Fly	56.52	<b>19-Dec-07</b> TUKSNTLize Mari Reteif-International-Vladimir Swimming
200 Fly	2:04.24	<b>21-Nov-09</b> MDOLCGMandy LOOTS at Fina Arena World Cup-Singapore
100 IM	1:00.86	<b>16-Oct-09</b> MDOLCGMandy LOOTS at Fina Arena World Cup-Durban
200 IM	2:07.54	<b>10-Nov-09</b> PISCKZKathryn A. Meaklim at Fina Arena World Cup Stockholm
400 IM	4:22.88	<b>21-Nov-09</b> PISCKZKathryn A. Meaklim at Fina Arena World Cup-Singapore
200 Free Relay	1:43.63	<b>8-Sep-05</b> DOLCCGDolphins Swimming Club L Roets, M Scott, A Loots, C Arc
400 Free Relay	3:45.27	<b>8-Sep-05</b> RSARSA- M Corfe, LM Retief, J Pengelly, K Meaklim at SC World C
800 Free Relay	8:06.94	<b>30-Sep-05</b> SSASSA Relay Squad L Vorster, L Roets, K Van Heerden, C Lategar
400 Medley Relay	4:00.73	<b>11-Apr-09</b> RSARSA- M Corfe, S. v Bilj, M Loots, LM Retief at SC World Char

### SC Meters-Men

50 Free	20.30	<b>7-Aug-09</b> TUKSNTROLAND M. SCHOEMAN at Telkom SA Short Course Ch
100 Free	46.00	<b>10-Nov-09</b> PASCNTLYNDON FERNS at Fina Arena World Cup Stockholm
200 Free	1:40.89	<b>14-Nov-09</b> SEALKZDarian R. Townsend at Fina Arena World Cup-Berlin
400 Free	3:39.91	<b>17-Jan-04</b> SEALKZRyk F Neethling FINA World Cup - Berlin
800 Free	7:44.10	<b>25-Mar-00</b> RSARYk F Neethling NCAA Div 1 Men Minneapolis
1500 Free	14:39.04	<b>25-Mar-00</b> RSARYk F Neethling NCAA Div 1 Men Minneapolis
50 Back	22.85	<b>14-Nov-09</b> PASCNTGeorge DU RAND at Fina Arena World Cup-Berlin
100 Back	50.00	<b>10-Nov-09</b> PASCNTGeorge DU RAND at Fina Arena World Cup Stockholm
200 Back	1:47.08	<b>6-Nov-09</b> PASCNTGeorge DU RAND at Fina Arena World Cup-Moscow
50 Breast	25.25	<b>17-Nov-09</b> PASCNTCAMERON VD BURGH at Fina Arena World Cup-Berlin
100 Breast	55.61	<b>17-Nov-09</b> PASCNTCAMERON VD BURGH at Fina Arena World Cup-Berlin
200 Breast	2:02.56	<b>17-Nov-09</b> SEALKZNeil R. Versfeld at Fina Arena World Cup-Berlin
50 Fly	21.87	<b>14-Nov-09</b> TUKSNTROLAND M. SCHOEMAN at Fina Arena World Cup-Berl
100 Fly	50.19	<b>6-Nov-09</b> PASCNTLYNDON FERNS at Fina Arena World Cup-Moscow
200 Fly	1:52.16	<b>24-Oct-10</b> SGULKZChad Le Clos at KZN Seagulls Wimper Champs
100 IM	51.05	<b>14-Nov-09</b> GZSANTGerhard ZANDBERG at Fina Arena World Cup-Berlin
200 IM	1:51.55	<b>17-Nov-09</b> SEALKZDarian R. Townsend at Fina Arena World Cup-Berlin
400 IM	4:02.18	<b>14-Nov-09</b> SGULKZChad G. Le Clos at Fina Arena World Cup-Berlin
200 Free Relay	1:31.60	<b>1-May-02</b> SEALKZN Folker, B Dedekind, D Townsend, E Hulley
400 Free Relay	3:20.77	<b>31-Jul-03</b> SEALKZSeals ASC D Townsend, S Swanepoel, T Verster, N Folker
800 Free Relay	7:18.94	<b>8-Oct-04</b> RSARSA J Basson, F Postma, H Prinsloo, J Du Rand World SC Cham
400 Medley Relay	3:35.77	<b>10-Aug-09</b> PLAYRSA-SA Short Course-Pmbg- Van Rensburg, Conrad ,VD Bur